ľm PASCAL THE PIG

# 2020

TDA's January 2020 Menu Calendar

G000 **EATS AT** 

6

20

27

7



NO SCHOOL

SCHOOL FOR **SCIENCE AND** 

**SPECIAL** 

**ANNOUNCEMENTS** 

THE ARTS

DA VINCI

**NO SCHOOL** 

POPCORN CHICKEN MASHED POTATOES **PEAS COOKIES FRUIT** MILK

PIZZA CRUNCHERS ITALIAN SALAD **BABY CARROTS FRUIT** MILK

NO SCHOOL

**CHICKEN SANDWICH FRENCH FRIES** LETTUCE/TOMATO **FRUIT** 9 MILK

NO SCHOOL

HOMESTYLE PIZZA **GREEN SALAD CUCUMBER FRUIT** 10 MILK

**LUNCH MENU** 

CHICKEN SOUP **MEXICAN RICE** CORN ON THE COB **CARROTS FRUIT** 13 MILK

**CHEESESTICKS** MARINARA SAUCE **BROCCOLI FRUIT** 14 MILK

**CHICKEN NUGGETS POTATO WEDGES** CORN **CUPCAKE** 

**FRUIT** 15 MILK

8

**HOT DOG** PINTO BEANS **CARROTS FRUIT** 16

CORN DOG PINTO BEANS. DRAGON JUICE **FRUIT** MILK

HOMESTYLE PIZZA

ITALIAN SALAD

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CHICKEN ALFREDO PASTA **GREEN BEANS CARROTS GARLIC BREAD FRUIT** MILK 21

SUB LETTUCE/TOMATO **BROCCOLI FRUIT** 22 MILK

MEATBALL MARINARA

CHICKEN DRUMSTICK MASHED POTATOES CORN ON THE COB **MUFFIN FRUIT** 23 MILK

MILK

**BABY CARROTS FRUIT** MILK

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**BONELESS WINGS CURLY FRIES** MIXED VEGETABLES RICE KRISPIES TREAT **FRUIT** 

**CHILI BOWL GREEN BEANS CARROTS CORN BREAD FRUIT** MILK

28

**ROLLED TACOS SHREDDED** CABBAGE/CARROT **FRUIT** 29 MILK

**CHEESEBURGER** FRENCH FRIES LETTUCE/TOMATO **FRUIT** 30 MIIK

SPAGHETTI W MEATSAUCE **GREEN BEANS** CARROTS **BREADSTICK FRUIT** 31 MILK



TEXAS DEPARTMENT OF AGRICULTURE **COMMISSIONER SID MILLER** 





This product was funded by USDA. This institution is an equal opportunity provider.

MILK



Pascal the pig may be stout but he is strong! Pascal was born without a tail so the veterinarian made him a mechanical tail out of a spring.
Pascal uses his super spring tail to jump super high!

#### WHAT TO KNOW

Pork is a protein food that is used in many recipes like ham sandwiches, pork chops, pulled pork tacos, and jambalaya. Did you know that pork is an excellent source

of nutrients such as protein, thiamin, niacin, vitamin B-6, and phosphorus? It is also a good source of potassium, zinc, and riboflavin.



### JOKE OF THE MONTH

Q: Why should you never tell a pig a secret?

A: Because they love to squeal!

PASCAL'S
FAUDRITE
ACTIVITY
Jump Rope

## POWER HIGH JUMP

### MAD LIB!

### BECOMING PART OF THE SUPER SQUAD!

Pascal Pig was not always a \_\_\_\_\_\_who spent his time educating kids about noun eating healthy and dodging evil \_\_\_\_\_\_. He was once a normal, average plural noun \_\_\_\_\_. He had a \_\_\_\_\_\_ life growing up on the farms of Texas. Now noun adjective he spends his time doing \_\_\_\_\_\_ and traveling around Texas in his \_\_\_\_\_ noun

to help kids learn about eating right so they can become Healthy Heroes too!

