



i'm  
**HADLEY  
HEN**

# MARCH

**2020**

TDA's March 2020 Menu Calendar

**SCHOOL  
BREAKFAST  
WEEK**  
MARCH 2-6  
SquareMeals.org/SBW

**GOOD  
EATS AT**

HOWARD  
BURNHAM  
CHARTER  
SCHOOL

LUNCH MENU

**SPECIAL  
ANNOUNCEMENTS**

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.



TEXAS DEPARTMENT OF AGRICULTURE  
**COMMISSIONER SID MILLER**



This product was funded by USDA.  
This institution is an equal opportunity provider.

M	T	W	TH	F
POPCORN CHICKEN MUFFIN SMILEY POTATOES GREEN PEAS FRUIT MILK 2	BEEF TACOS LETTUCE/TOMATO PINTO BEANS FRUIT MILK 3	CHICKEN TENDERLOIN DINNER ROLL MASHED POTATOES BROCCOLI FRUIT MILK 4	CORN DOG CORN ON THE COB DRAGON JUICE FRUIT JUICE 5	HOMESTYLE-PIZZA ITALIAN SALAD BABY CARROTS FRUIT MILK 6
CHICKEN BONELESS WINGS RICE KRISPIES TREAT CURLY FRIES GREEN BEANS FRUIT MILK 9	PIZZABOLI MARINARA SAUCE MIXED VEGETABLES FRUIT MILK 10	CHERRY BLOSSOM CHICKEN ORIENTAL NOODLES BROCCOLI CARROTS FRUIT MILK 11	CHEESEBURGER LETTUCE/TOMATO FRENCH FRIES FRUIT MILK 12	HOT DOG PINTO BEANS CORN FRUIT MILK 13
NO SCHOOL 16	NO SCHOOL 17	NO SCHOOL 18	NO SCHOOL 19	NO SCHOOL 20
DORITOS NACHOS SUPREME PINTO BEANS DRAGON JUICE FRUIT MILK 23	CHICKEN NUGGETS MACARONI & CHEESE POTATO WEDGES FRUIT MILK 24	SPAGHETTI W/ MEATBALLS GARLIC BREAD TOAST BROCCOLI ITALIAN VEGGIE MIX FRUIT MILK 25	ROLLED TACOS RICE CABBAGE/SHREDDED CARROTS FRUIT MILK 26	HOMESTYLE-PIZZA ITALIAN SALAD BABY CARROTS FRUIT MILK 27
CHICKEN DRUMSTICK CHOCOLATE CUPCAKE MASHED POTATOES GREEN BEANS FRUIT MILK 30	CHEESESTICKS MARINARA SAUCE BROCCOLI FRUIT MILK 31			
<p><b>The Art Contest Continues!</b> Enter today! Deadline next month! SquareMeals.org/ArtContest</p>				





# HADLEY HEN



Hadley Hen was always a smart chick, but one day a radioactive ray of sunlight landed on her head and gave her super intelligence. The eggs that she lays provide protein, vitamins and minerals for kids every day at breakfast. Eggs are a smart way to make the grade and help you feel great all day!

## HADLEY HEN'S FAVORITE ACTIVITY

Bowling



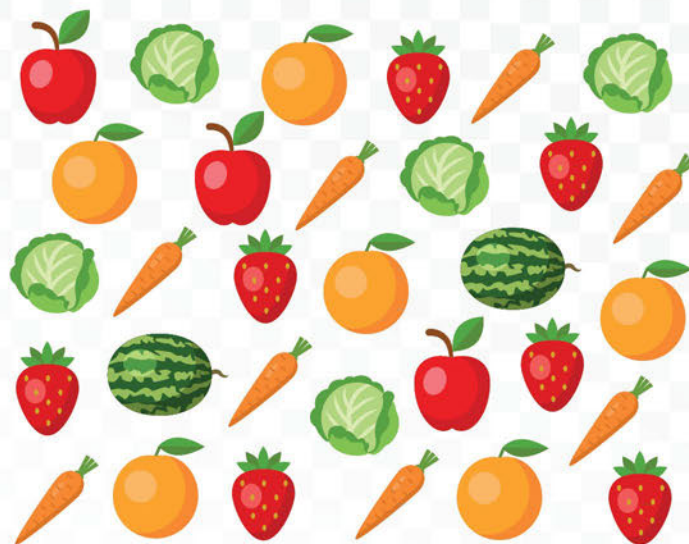
### WHAT TO KNOW

This month celebrate School Breakfast Week in Texas by starting each day with healthy Texas Foods.

School Breakfast Week is a great time to try foods from farms and ranches in every part of the state! There are almost 250,000 farms and ranches in Texas and that is more than any other state. Eggs, milk, lean meat, fruit, vegetables, and whole grains are all part of a good breakfast- and they're all produced right here in Texas.

### HOW MANY?

Count the correct number of each fruit or vegetable below.



### FUN FACT

Eggs are an "egg-cellent" source of choline, a nutrient your entire body needs to grow!

### POWER BRAIN POWER















### JOKE OF THE MONTH

Q: What did Snow White call her chicken?

A: Egg White



	_____		_____
	_____		_____
	_____		_____

- |   |   |   |   |
|---|---|---|---|
| 5 |  | 8 |  |
| 3 |  | 7 |  |
| 2 |  | 6 |  |