



i'm
HADLEY
HEN

MARCH

2020

TDA's March 2020 Menu Calendar

**SCHOOL
BREAKFAST
WEEK**
MARCH 2-6
SquareMeals.org/SBW

M	T	W	TH	F
ASSORTED CEREAL COOKIES FRUIT JUICE MILK 2	OATMEAL TOAST W/ JELLY FRUIT JUICE MILK 3	ASSORTED CEREAL MUFFIN FRUIT JUICE MILK 4	POTATOES W/ CHORIZO FLOUR TORTILLA FRUIT JUICE MILK 5	CHOCOLATE CHIP COOKIES CHEESE STRING FRUIT JUICE MILK 6
RICE KRISPIES TREAT YOGURT JUICE FRUIT MILK 9	WAFFLES W/ SYRUP JUICE FRUIT MILK 10	ASSORTED CEREAL COOKIES JUICE FRUIT MILK 11	SCRAMBLED EGGS W/ TURKEY HAM BISCUIT W/ JELLY JUICE FRUIT MILK 12	SUGAR DONUT JUICE FRUIT MILK 13
NO SCHOOL 16	NO SCHOOL 17	NO SCHOOL 18	NO SCHOOL 19	NO SCHOOL 20
CONCHA BREAD JUICE FRUIT MILK 23	BREAKFAST CORN DOG SYRUP JUICE FRUIT MILK 24	ASSORTED CEREAL MUFFIN FRUIT JUICE MILK 25	SCRAMBLED EGGS W/ BACON CORN BREAD JUICE FRUIT MILK 26	CHICKEN POZOLE CORN CHIPS JUICE FRUIT MILK 27
TWISTED STIX JUICE FRUIT MILK 30	BREAKFAST PIZZA JUICE FRUIT MILK 31			

**GOOD
EATS AT**

VISTA DEL
FUTURO
CHARTER
SCHOOL
BREAKFAST
MENU

**SPECIAL
ANNOUNCEMENTS**

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TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER



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The Art Contest Continues!
Enter today! Deadline next month!
SquareMeals.org/ArtContest



HADLEY HEN



Hadley Hen was always a smart chick, but one day a radioactive ray of sunlight landed on her head and gave her super intelligence. The eggs that she lays provide protein, vitamins and minerals for kids every day at breakfast. Eggs are a smart way to make the grade and help you feel great all day!

HADLEY HEN'S FAVORITE ACTIVITY

Bowling



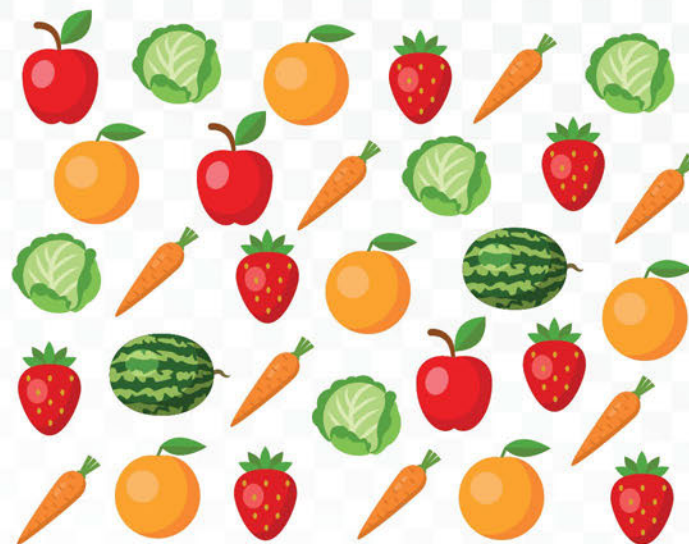
WHAT TO KNOW

This month celebrate School Breakfast Week in Texas by starting each day with healthy Texas Foods.

School Breakfast Week is a great time to try foods from farms and ranches in every part of the state! There are almost 250,000 farms and ranches in Texas and that is more than any other state. Eggs, milk, lean meat, fruit, vegetables, and whole grains are all part of a good breakfast- and they're all produced right here in Texas.

HOW MANY?

Count the correct number of each fruit or vegetable below.



FUN FACT

Eggs are an "egg-cellent" source of choline, a nutrient your entire body needs to grow!

POWER BRAIN POWER















JOKE OF THE MONTH

Q: What did Snow White call her chicken?

A: Egg White



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	_____		_____
	_____		_____

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|---|---|---|---|
| 5 |  | 8 |  |
| 3 |  | 7 |  |
| 2 |  | 6 |  |