



MARCH

2021

BURNHAMWOOD CHARTER SCHOOL



Assorted cereal Cookies Juice Fruit Milk	m	1.	Pancakes w syrup Juice Fruit Milk	t	2.	Egg - Biscuit Bacon Juice Fruit Milk	w	3.	Mini Donuts Juice Fruit Milk	th	4.	Cereal bar Yogurt Juice Fruit Milk	f	5.
NO SCHOOL		8.	NO SCHOOL		9.	NO SCHOOL		10.	NO SCHOOL		11.	NO SCHOOL		12.
NO SCHOOL		15.	NO SCHOOL		16.	NO SCHOOL		17.	NO SCHOOL		18.	NO SCHOOL		19.
Assorted cereal Cookies Juice Fruit Milk		22.	Cinnamon sugar donut Juice Fruit Milk		23.	Scrambled eggs- Muffin Hashbrown Juice Fruit Milk		24.	French toast w syrup Juice Fruit Milk		25.	Chocolate chip cookies Cheese string Juice Fruit Milk		26.
Assorted cereal Cookies Juice Fruit Milk		29.	Waffles w syrup Juice Fruit Milk		30.	Poptarts Juice Fruit Milk		31.	<p>Special Announcements In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA. Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be available in languages other than English.</p>					

☐ - School Breakfast Week Mar. 8-12



Food and Nutrition Division
National School Lunch Program and School Breakfast Program



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

This product was funded by USDA.
This institution is an equal opportunity provider.



Updated 01/2020
www.SquareMeals.org

ECLIPSE EGGS



An eclipse happens when a planet or a moon gets in the way of the sun's light. On Earth, we can experience two kinds of eclipses: solar eclipses and lunar eclipses. A solar eclipse happens when the moon passes in front of the sun and casts its shadow on Earth, making it dark during the day. During a lunar eclipse, Earth gets in the way of the sun's light hitting the moon. That means that during a lunar eclipse, the moon will fade away from view as Earth's shadow covers it up.

CRACK THE CODE

A	B	C	D	E	F	G	H	I	J	K	L	M
1	2	3	4	5	6	7	8	9	10	11	12	13
N	O	P	Q	R	S	T	U	V	W	X	Y	Z
14	15	16	17	18	19	20	21	22	23	24	25	26

23 8 5 14 5 7 7 19 20 5 12 12
 10 15 11 5 19 , 1 18 5 20 8 5 25
 3 1 12 12 5 4 25 15 12 11 19 ?

Answer: When eggs tell jokes, are they called yolks?

DID YOU KNOW?

This month celebrate School Breakfast Week in Texas by starting each day with healthy Texas foods. School Breakfast Week is a great time to try foods from farms and ranches in every part of the state! There are almost 250,000 farms and ranches in Texas and that is more than any other state.

Eggs, milk, lean meat, fruit, vegetables, and whole grains can all be part of a good breakfast and they're all produced right here in Texas. Eggs are an "egg-cellent" source of choline, a nutrient your entire body needs to grow!



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

This product was funded by USDA.
 This institution is an equal opportunity provider.



Food and Nutrition Division
 National School Lunch Program and School Breakfast Program



Updated 01/2020
www.SquareMeals.org