

# APRIL

2021

## BURNHAMWOOD CHARTER SCHOOL



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NO SCHOOL

1.

NO SCHOOL

2.

Assorted cereal  
Cookies  
Juice  
Fruit  
Milk

5.

Waffles w syrup  
Juice  
Fruit  
Milk

6.

Scrambled eggs - biscuit  
Bacon  
Juice  
Fruit  
Milk

7.

Cereal bar  
Yogurt  
Juice  
Fruit  
Milk

8.

Chocolate chip cookies  
Cheese string  
Juice  
Fruit  
Milk

9.

Assorted cereal  
Corn bread  
Juice  
Fruit  
Milk

12.

Cinnamon sugar donut  
Juice  
Fruit  
Milk

13.

Egg sausage biscuit  
Sandwich  
Juice  
Fruit  
Milk

14.

Concha Bread  
Juice  
Fruit  
Milk

15.

Pancakes w syrup  
Juice  
Fruit  
Milk

16.

Assorted cereal  
Cookies  
Juice  
Fruit  
Milk

19.

Breakfast corndog  
Syrup  
Juice  
Fruit  
Milk

20.

Potatoes w Cheese  
Bread  
Juice  
Fruit  
Milk

21.

French toast w syrup  
Juice  
Fruit  
Milk

22.

Assorted cereal  
Muffin  
Juice  
Fruit  
Milk

23.

Assorted cereal  
Banana bread  
Juice  
Fruit  
Milk

26.

Poptarts  
Juice  
Fruit  
Milk

27.

Scrambled eggs - biscuit  
Bacon  
Juice  
Fruit  
Milk

28.

Breakfast pizza  
Juice  
Fruit  
Milk

29.

Mini Donuts  
Juice  
Fruit  
Milk

30.

Art Contest Deadline Apr. 2



TEXAS DEPARTMENT OF AGRICULTURE  
**COMMISSIONER SID MILLER**

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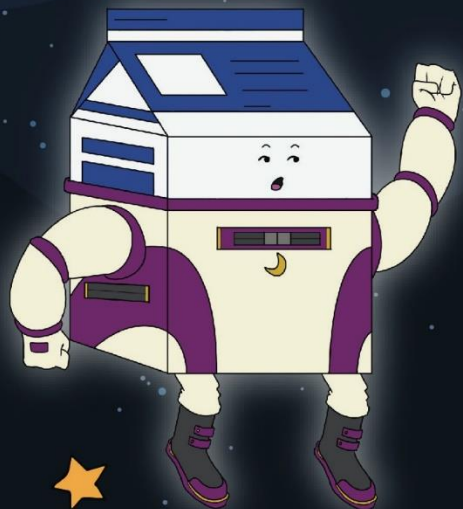
Food and Nutrition Division  
National School Lunch Program and School Breakfast Program



Updated 01/2020  
www.SquareMeals.org

# MOON MILK

The moon is more than 200,000 miles away from the Earth. At this distance it takes about three full days for astronauts to travel from the Earth's surface to land on the moon. Because it is Earth's closest neighbor, we have been able to gain more knowledge about it than any other body in the Solar System besides the Earth. The moon is also the brightest object in the night sky. Today, astronomers know that the moon is slowly moving away from the Earth. But at the rate it is traveling, about 1.5 inches per year, it will be lighting up our night sky for a long time.



## WORD SEARCH

A	G	Z	J	N	W	L	A
C	A	B	L	X	K	J	C
A	Z	T	D	C	D	R	A
L	T	E	X	A	S	D	L
C	S	Q	B	D	I	E	V
I	B	D	A	I	F	R	I
U	G	W	O	C	G	E	Y
M	I	L	K	T	V	H	N

## DID YOU KNOW?

Milk is a popular dairy product and it is an excellent source of calcium and vitamin D. The delicious low-fat or fat-free milk you get at school comes from dairy cows.

Dairy products help build strong bones so you can grow up healthy. Three daily servings of dairy products are recommended for school age children. Some sources of dairy include milk, cheese, and yogurt.



COW MILK  
CALCIUM TEXAS  
DAIRY

