

APRIL

2021

BURNHAMWOOD CHARTER SCHOOL



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NO SCHOOL

NO SCHOOL

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1.

2.

Chicken Tenders
Mashed potatoes
Macaroni and cheese
Fruit
Milk

5.

Meatloaf
Carrots-Dinner roll
Green beans
Fruit
Milk

6.

Chicken sandwich
Lettuce/Tomato
Curly Fries
Fruit
Milk

7.

Nachos
Pinto beans
Corn
Fruit
Milk

8.

Home-Style Pizza
Mixed Vegetables
Baby Carrots
Fruit
Milk

9.

Chicken Mandarin
Oriental Noodles
Broccoli
Fruit
Milk

12.

Hot-Dogs
Curly fries
Pinto Beans
Fruit
Milk

13.

Chicken Nuggets
Corn on the cob -Carrots
Rice krispies treat
Fruit
Milk

14.

Spaghetti with meat sauce
Broccoli-mixed vegetables
Bread Stick
Fruit
Milk

15.

Cheese sticks
Marinara sauce
Peas
Fruit
Milk

16.

Chicken Teriyaki
Fried rice
Broccoli
Fruit
Milk

19.

Cheeseburger
Lettuce/Tomato
French Fries
Fruit
Milk

20.

Chicken Bites
Mashed potatoes-peas
Cookies
Fruit
Milk

21.

Beef Tacos
Lettuce-Tomato-Beans
Muffin
Fruit
Milk

22.

Home-Style Pizza
Cucumber
Baby Carrots
Fruit
Milk

23.

Doritos Nachos Supreme
Corn- Pinto beans
Cookies
Fruit
Milk

26.

Popcorn chicken
Mashed potatoes-Green beans
Dinner roll
Fruit
Milk

27.

Corn- Dogs
Potato wedges
Carrots
Fruit
Milk

28.

Bean cheese tostadas
Green salad- tomato
Fruit
Milk

29.

Home-Style Pizza
Italian salad
Baby Carrots
Fruit
Milk

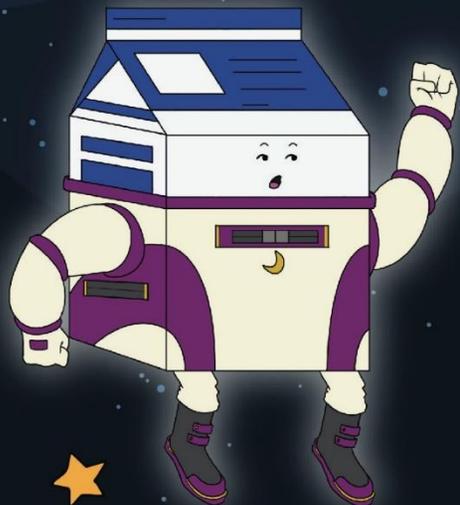
30.

- Art Contest Deadline Apr. 2



MOON MILK

The moon is more than 200,000 miles away from the Earth. At this distance it takes about three full days for astronauts to travel from the Earth's surface to land on the moon. Because it is Earth's closest neighbor, we have been able to gain more knowledge about it than any other body in the Solar System besides the Earth. The moon is also the brightest object in the night sky. Today, astronomers know that the moon is slowly moving away from the Earth. But at the rate it is traveling, about 1.5 inches per year, it will be lighting up our night sky for a long time.



WORD SEARCH

A	G	Z	J	N	W	L	A
C	A	B	L	X	K	J	C
A	Z	T	D	C	D	R	A
L	T	E	X	A	S	D	L
C	S	Q	B	D	I	E	V
I	B	D	A	I	F	R	I
U	G	W	O	C	G	E	Y
M	I	L	K	T	V	H	N

DID YOU KNOW?

Milk is a popular dairy product and it is an excellent source of calcium and vitamin D. The delicious low-fat or fat-free milk you get at school comes from dairy cows.

Dairy products help build strong bones so you can grow up healthy. Three daily servings of dairy products are recommended for school age children. Some sources of dairy include milk, cheese, and yogurt.



COW
CALCIUM
DAIRY

MILK
TEXAS

