



MAY

2021

BURNHAMWOOD CHARTER SCHOOL



Assorted cereal
Cookies
Juice
Fruit
Milk 3.

Waffles w syrup
Juice
Fruit
Milk 4.

Scrambled eggs - Biscuit
Bacon
Juice
Fruit
Milk 5.

Cereal bar
Yogurt
Juice
Fruit
Milk 6.

Chocolate chip cookies
Cheese String
Juice
Fruit
Milk 7.

Assorted cereal
Corn bread
Juice
Fruit
Milk 10.

Cinnamon sugar donut
Juice
Fruit
Milk 11.

Egg sausage biscuit
Sandwich
Juice
Fruit
Milk 12.

Concha Bread
Juice
Fruit
Milk 13.

Pancakes w syrup
Juice
Fruit
Milk 14.

Assorted cereal
Cookies
Juice
Fruit
Milk 17.

Mini Donuts
Juice
Fruit
Milk 18.

French toast w syrup
Juice
Fruit
Milk 19.

Potatoes w Cheese
Bread
Juice
Fruit
Milk 20.

Assorted cereal
Muffin
Juice
Fruit
Milk 21.

Assorted cereal
Banana bread
Juice
Fruit
Milk 24.

Bean Burrito
Juice
Fruit
Juice 25.

Scrambled eggs - Biscuit
Bacon
Juice
Fruit
Milk 26.

Breakfast pizza
Juice
Fruit
Milk 27.

Assorted cereal
Cookies
Juice
Fruit
Milk 28.

NO SCHOOL
31.

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BERRY BLAST OFF

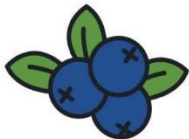


The first space shuttle test flight took place in 1981 and the last shuttle launched in 2011. Over 30 years there were a total of 135 missions that all launched from the Kennedy Space Center in Florida. Scientists and engineers in Texas provided ground support for all the space shuttle missions. NASA retired the space shuttle fleet to make way for a new exploration program aimed at sending astronauts on deep space missions to an asteroid and, eventually, Mars.

NUMBER MATCH



1



5



6



3



DID YOU KNOW?

Blueberries are plump, juicy and sweet berries that grow in Texas. They grow on a bush that can get up to 12 feet tall. Blueberries are pale greenish at first, then reddish-purple, and finally, dark purple when ripe, but they turn red-purple when cooked.

Blueberries are a very good source of vitamin K, vitamin C and manganese. Blueberries are also a good source of fiber. Fiber is a carbohydrate that promotes digestive health. Blueberries are good for making pancakes, muffins, and many other foods.



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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Food and Nutrition Division
National School Lunch Program and School Breakfast Program



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