



MAY 2021

BURNHAMWOOD CHARTER SCHOOL



m

Chicken Drumstick
Mashed potatoes
Macaroni and cheese
Fruit
Milk 3.

t

Meatloaf
Carrots-Muffin
Green beans
Fruit
Milk 4.

w

Chicken sandwich
Lettuce/Tomato
Curly Fries
Fruit
Milk 5.

th

Nachos
Pinto beans
Corn
Fruit
Milk 6.

f

Home-Style Pizza
Green Salad
Baby Carrots
Fruit
Milk 7.

Chicken Mandarin
Fried Rice
Broccoli
Fruit
Milk 10.

Hot-Dogs
Curly fries
Pinto Beans
Fruit
Milk 11.

Chicken Nuggets
Corn on the cob -Carrots
Rice krispies treat
Fruit
Milk 12.

Spaghetti with Meat Sauce
Green beans
Bread Stick
Fruit
Milk 13.

Cheese sticks
Marinara sauce
Peas
Fruit
Milk 14.

Cheeseburger
Lettuce/Tomato
French Fries
Fruit
Milk 17.

Twisted cheese sticks
Marinara Sauce
Peas
Fruit
Milk 18.

Chicken Bites
Mashed potatoes-peas
Cookies
Fruit
Milk 19.

Beef Tacos
Lettuce-Tomato-Beans
Muffin
Fruit
Milk 20.

Home-Style Pizza
Cucumber
Baby Carrots
Fruit
Milk 21.

Chicken Teriyaki
Noodles
Broccoli
Fruit
Milk 24.

Doritos Nachos Supreme
Corn- Pinto beans
Cookies
Fruit
Milk 25.

Corn- Dogs
Potato wedges
Carrots
Fruit
Milk 26.

Bean cheese tostadas
Lettuce - tomato
Fruit
Milk 27.

Home-Style Pizza
Italian salad
Baby Carrots
Fruit
Milk 28.

NO SCHOOL
31.

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BERRY BLAST OFF

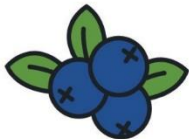


The first space shuttle test flight took place in 1981 and the last shuttle launched in 2011. Over 30 years there were a total of 135 missions that all launched from the Kennedy Space Center in Florida. Scientists and engineers in Texas provided ground support for all the space shuttle missions. NASA retired the space shuttle fleet to make way for a new exploration program aimed at sending astronauts on deep space missions to an asteroid and, eventually, Mars.

NUMBER MATCH



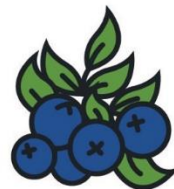
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5



6



3



DID YOU KNOW?

Blueberries are plump, juicy and sweet berries that grow in Texas. They grow on a bush that can get up to 12 feet tall. Blueberries are pale greenish at first, then reddish-purple, and finally, dark purple when ripe, but they turn red-purple when cooked.

Blueberries are a very good source of vitamin K, vitamin C and manganese. Blueberries are also a good source of fiber. Fiber is a carbohydrate that promotes digestive health. Blueberries are good for making pancakes, muffins, and many other foods.



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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Food and Nutrition Division
National School Lunch Program and School Breakfast Program



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www.SquareMeals.org