

# JUNE

2021

## BURNHAMWOOD CHARTER SCHOOL- BREAKFAST



<p>m</p>	<p>t</p> <p><b>Waffles w syrup</b> Juice Fruit Milk</p> <p>1.</p>	<p>w</p> <p><b>Cereal bar</b> Yogurt Juice Fruit Milk</p> <p>2.</p>	<p>th</p> <p><b>Scrambled eggs - Biscuit</b> Bacon Juice Fruit Milk</p> <p>3.</p>	<p>f</p> <p><b>Chocolate chip cookies</b> Cheese String Juice Fruit Milk</p> <p>4.</p>
<p><b>Assorted cereal</b> Corn bread Juice Fruit Milk</p> <p>7.</p>	<p><b>Cinnamon sugar donut</b> Juice Fruit Milk</p> <p>8.</p>	<p><b>Concha Bread</b> Juice Fruit Milk</p> <p>9.</p>	<p><b>Egg sausage biscuit</b> Sandwich Juice Fruit Milk</p> <p>10.</p>	<p><b>Pancakes w syrup</b> Juice Fruit Milk</p> <p>11.</p>
<p><b>Assorted cereal</b> Cookies Juice Fruit Milk</p> <p>14.</p>	<p><b>Mini Donuts</b> Juice Fruit Milk</p> <p>15.</p>	<p><b>French toast w syrup</b> Juice Fruit Milk</p> <p>16.</p>	<p>NO SCHOOL</p> <p>17.</p>	<p>NO SCHOOL</p> <p>18.</p>
<p>SUMMER</p> <p>21.</p>	<p>SUMMER</p> <p>22.</p>	<p>SUMMER</p> <p>23.</p>	<p>SUMMER</p> <p>24.</p>	<p>SUMMER</p> <p>25.</p>
<p>SUMMER</p> <p>28.</p>	<p>SUMMER</p> <p>29.</p>	<p>SUMMER</p> <p>30.</p>	<p><b>Special Announcements:</b> In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA. Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be available in languages other than English.</p>	

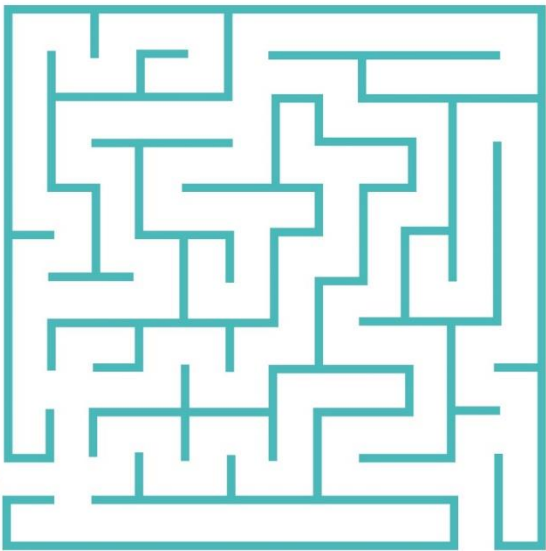




# INTERNATIONAL SPACE STATION PORK

Astronauts first arrived at the International Space Station in November 2000. More than 230 astronauts from 19 different countries have spent time in the space station since then. They conduct research in the zero-gravity environment. The astronauts live and work in an area larger than a six-bedroom house. The space station orbits the earth at height of about 250 miles and completely circles the earth about 16 times a day. The solar panel array that powers it is so big that sometimes you can look up and see the space station moving across the sky at dawn or dusk.

## MARTIAN MAZE



## DID YOU KNOW?

Pork is a protein food that is used in many recipes like pork chops, pulled pork tacos, and jambalaya.

Did you know that pork is an excellent source of nutrients such as protein, thiamin, niacin, vitamin B-6, and phosphorus? It is also a good source of potassium, zinc, and riboflavin.



TEXAS DEPARTMENT OF AGRICULTURE  
**COMMISSIONER SID MILLER**

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Food and Nutrition Division  
National School Lunch Program and School Breakfast Program



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