

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



PIZZA
GREEN SALAD
ORANGE SHERBET
FRUIT
MILK

1

4
BEEF FINGERS
MASHED POTATOES
PEAS
MUFFIN
FRUIT
MILK

5
CORN DOG
FRENCH FRIES
CARROTS
FRUIT
MILK

6
BEEF TOSTADA BOWL
LETTUCE/ TOMATO
MEXICAN RICE
PINTO BEANS
FRUIT
MILK

7
HAM AND CHEESE
SANDWICH
CUCUMBER
TOMATO
BAKED CHIPS
FRUIT
MILK

8
PIZZA
ITALIAN SALAD
BABY CARROTS
FRUIT
MILK

11
STAFF DEVELOPMENT
NO SCHOOL

12
CHICKEN TENDERS
POTATO WEDGES
MIXED VEGETABLES
RICE KRISPIES TREAT
FRUIT
MILK

13
DORITOS NACHOS
SUPREME
PINTO BEANS
CORN
MUFFIN
FRUIT

14
CHICKEN DRUMSTICK
MASHED POTATOES
CARROTS
COOKIES
FRUIT
MILK

15
SWEET AND SOUR
CHICKEN
BROCCOLI
MUFFIN
FRUIT
MILK

National School Lunch Week

18
CHEESEBURGER
LETTUCE/ TOMATO
FRENCH FRIES
FRUIT
MILK

19
POPCORN CHICKEN
MASHED POTATOES
CHERRY SHERBET
MACARONI AND CHEESE
FRUIT
MILK

20
CHEESE PIZZA POCKET
MARINARA SAUCE
BROCCOLI
FRUIT
MILK

21
CORN DOG
PINTO BEANS
CORN ON THE COB
FRUIT
MILK

22
PIZZA
SLICED
CUCUMBERS/TOMATOES
BABY CARROTS
FRUIT
MILK

25
NACHOS
PINTO BEANS
CORN
FRUIT
MILK

26
CHICKEN SANDWICH
LETTUCE/ TOMATO
CURLY FRIES
FRUIT
MILK

27
SPAGUETTI WITH
MEATSAUCE
GARLIC BREAD
SPINACH SALAD
FRUIT
MILK

28
CHICKEN TERIYAKI
RICE
BROCCOLI
FRUIT
MILK

29
PIZZA
ITALIAN SALAD
ORANGE SHERBET
FRUIT
MILK

Oct

FEED YOUR
CREATIVITY



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TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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Food and Nutrition Division
Nutrition Assistance Programs



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