

VISTA DEL FUTURO CHARTER SCHOOL- BREAKFAST

SEPT

MENU 2022

GEAR UP FOR DANCE



ANNOUNCEMENTS:

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MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

5TH LABOR DAY

6TH CINNAMON SUGAR
DONUT
JUICE
FRUIT
MILK

7TH CEREAL BAR
YOGURT
JUICE
FRUIT
MILK

8TH SCRAMBLED EGGS
TATER TOTS
TOAST
JUICE
FRUIT
MILK

9TH CHOCOLATE CHIP
COOKIES
CHEESE STRING
JUICE
FRUIT
MILK

12TH ASSORTED CEREAL
COOKIES
JUICE
FRUIT
MILK

13TH MINI DONUTS
JUICE
FRUIT
MILK

14TH WAFFLES W SYRUP
JUICE
FRUIT
MILK

15TH BREAKFAST PIZZA
JUICE
FRUIT
MILK

16TH ASSORTED CEREAL
COOKIES
JUICE
FRUIT
MILK

19TH ASSORTED CEREAL
COOKIES
JUICE
FRUIT
MILK

20TH PANCAKES W SYRUP
JUICE
FRUIT
MILK

21ST CONCHA BREAD
JUICE
FRUIT
MILK

22ND EGG AND BACON
BISCUIT
JUICE
FRUIT
MILK

23RD ASSORTED CEREAL
MUFFIN
JUICE
FRUIT
MILK

26TH ASSORTED CEREAL
CORN BREAD
JUICE
FRUIT
MILK

27TH BEAN AND CHEESE
BURRITO
JUICE
FRUIT
MILK

28TH FRENCH
TOAST SYRUP
JUICE
FRUIT
MILK

29TH CINNAMON
ROLL
JUICE
FRUIT
MILK

30TH ASSORTED CEREAL
MUFFIN
JUICE
FRUIT
MILK



Food and Nutrition Division
National School Lunch Program



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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