

# BURNHAM WOOD CHARTER SCHOOL LUNCH

# OCT

## MENU 2022

### GEAR UP FOR SWIM CLASS



#### ANNOUNCEMENTS:

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Updated 10/1/2022  
www.SquareMeals.org

3<sup>RD</sup> HOTDOG  
PINTO BEANS  
CORN  
FRUIT  
MILK

4<sup>TH</sup> CHICKEN TENDERS  
CURLY FRIES  
MUFFIN  
CARROTS  
FRUIT  
MILK

5<sup>TH</sup> MANDARIN CHICKEN  
ASIAN NOODLES  
BROCCOLI  
FRUIT  
MILK

6<sup>TH</sup> MEATLOAF  
MASHED POTATOES  
GREEN PEAS  
DINNER ROLL  
FRUIT  
MILK

7<sup>TH</sup> PEPPERONI PIZZA  
CUCUMBER  
CHERRY TOMATO  
FRUIT  
MILK

10<sup>TH</sup> NO SCHOOL-  
PROFESSIONAL  
DEVELOPMENT  
TRAINING

11<sup>TH</sup> CHICKEN NUGGETS  
RICE KRISPIES TREAT  
MASHED POTATOES  
CORN  
FRUIT  
MILK

12<sup>TH</sup> SPAGHETTI WITH  
MEATSAUCE  
GARLIC BREAD  
BROCCOLI  
FRUIT  
MILK

13<sup>TH</sup> BAKED CHICKEN  
PINTO BEANS  
RICE  
FRUIT  
MILK

14<sup>TH</sup> PEPPERONI PIZZA  
ITALIAN SALAD  
BABY CARROTS  
FRUIT  
MILK

17<sup>TH</sup> CHICKEN  
SANDWICH  
FRENCH FRIES  
LETTUCE-TOMATO  
FRUIT  
MILK

18<sup>TH</sup> NACHOS  
PINTO BEANS  
CORN  
FRUIT  
MILK

19<sup>TH</sup> BEEF FINGERS  
COOKIES  
MASHED POTATOES  
CARROTS  
FRUIT  
MILK

20<sup>TH</sup> CHICKEN TERIYAKI  
RICE  
BROCCOLI  
FRUIT  
MILK

21<sup>ST</sup> PIZZA BOLI  
GREEN SALAD  
BABY CARROTS  
FRUIT  
MILK

24<sup>TH</sup> CHICKEN  
DRUMSTICK  
COOKIES  
MASHED POTATOES  
GREEN BEANS  
FRUIT  
MILK

25<sup>TH</sup> TURKEY AND HAM  
SANDWICH  
BAKED CHIPS  
BABY CARROTS  
LETTUCE- TOMATO  
FRUIT  
MILK

26<sup>TH</sup> CORN DOG  
PINTO BEANS  
GREEN BEANS  
FRUIT  
MILK

27<sup>TH</sup> POPCORN  
CHICKEN  
CURLY FRIES  
BROCCOLI  
DINNER ROLL  
FRUIT  
MILK

28<sup>TH</sup> MINI PEPPERONI  
PIZZA  
MANDARIN-  
CRANBERRY SALAD  
FRUIT  
MILK

31<sup>ST</sup> CHEESE STICKS  
MARINARA SAUCE  
BROCCOLI  
FRUIT  
MILK

NOTICE:  
Product availability is  
not stable, and this menu is subject to  
change without notice based  
on availability



Food and Nutrition Division  
National School Lunch Program



TEXAS DEPARTMENT OF AGRICULTURE  
**COMMISSIONER SID MILLER**

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