

VISTA DEL FUTURO CHARTER SCHOOL- LUNCH

NOV

MENU 2022

GEAR UP FOR TURKEY TROT

MARATHON



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MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1ST HOT DOG
PINTO BEANS
CORN
FRUIT
MILK

2ND CHICKEN TENDERS
CURLY FRIES
MUFFIN
CARROTS
FRUIT
MILK

3RD MANDARIN
CHICKEN
ASIAN NOODLES
BROCCOLI
FRUIT
MILK

4TH PEPPERONI PIZZA
CUCUMBER
CHERRY TOMATO
FRUIT
MILK

7TH CHICKEN NUGGETS
RICE KRISPIES TREAT
MASHED POTATOES
CORN
FRUIT
MILK

8TH SPAGHETTI WITH
MEATSAUCE
GARLIC BREAD
BROCCOLI
FRUIT
MILK

9TH BAKED CHICKEN
PINTO BEANS
RICE
FRUIT
MILK

10TH PEPPERONI PIZZA
ITALIAN SALAD
BABY CARROTS
FRUIT
MILK

11TH NO SCHOOL

14TH CHEESEBURGER
FRENCH FRIES
LETTUCE-TOMATO
FRUIT
MILK

15TH NACHOS
PINTO BEANS
CORN
FRUIT
MILK

16TH BEEF FINGERS
COOKIES
MASHED POTATOES
CARROTS
FRUIT
MILK

17TH CHICKEN TERIYAKI
RICE
BROCCOLI
FRUIT
MILK

18TH SLICED TURKEY
MASHED POTATOES
GREEN BEANS
PUMPKIN PIE
JUICE
MILK

21ST NO SCHOOL

22ND NO SCHOOL

23RD NO SCHOOL

24TH NO SCHOOL

25TH NO SCHOOL

28TH CORN DOG
PINTO BEANS
CORN ON THE COB
FRUIT
MILK

29TH BONELESS CHICKEN
SMILEY FACES POTATOES
CARROTS
FRUIT
MILK

30TH CHEESESTICKS
MARINARA SAUCE
BROCCOLI
FRUIT
MILK

NOTICE:
Product availability is not stable, and this menu is subject to change without notice based on availability



Food and Nutrition Division
National School Lunch Program



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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