



The Linguistic Academy of El Paso:

A Cultural Demonstration Site

February 2021 Newsletter

Principal's Message

February is **American Heart Month**, a time when all people can focus on their cardiovascular health. Do you know how to keep your heart healthy? You can take an active role in reducing your risk for heart disease by eating a healthy diet, engaging in physical activity, and managing your cholesterol and blood pressure. This is a great chance to start some heart-healthy habits!

Georgina Heras-Salas, Principal

Important Dates in February

- Feb.– Mar. 1st (Black History Month)
- February 2nd (Groundhog Day)
- February 5th (Mexico's Constitution Day)
- February 12th (Chinese New Year)
- February 12th (Friendship Grams)
- February 15th (Presidents' Day)
- February 17th- 19th (Science Fair)
- February 24th (Mexico's Flag Day)
- February 26th (Report Cards Issued)
 - Early Dismissal
 - Parent Teacher Conferences via Zoom



1. PK3 & PK4 (Feb. 17th)
2. K – 2nd (Feb. 18th)
3. 3rd – 5th (Feb. 19th)

February 12th Chinese New Year – Year of the Ox



Black History Month is an annual celebration of achievements by African Americans and a time for recognizing their central role in U.S. history.



Every February, people across America wait for a large rodent named Punxsutawney Phil to tell us on Groundhog Day whether there will be six more weeks of winter.



Constitution Day (*Día de la Constitución*) is an official holiday that celebrates the anniversary of Mexico's current constitution, which was promulgated on February 5, 1917.



Originally established in 1885 in recognition of President George Washington. Presidents' Day is now popularly viewed as a day to celebrate all U.S. presidents, past and present.



In Mexico, National Flag Day is a day set aside to honor the Mexican Flag. This holiday has its origins in 1935, when a Bank of Mexico employee (Benito Ramírez) set up a special honor guard to celebrate the Flag of Mexico. Five years later, in 1940, National Flag's Day became an official holiday at the bidding of then-President Lázaro Cárdenas