



The Linguistic Academy of El Paso:

A Cultural Demonstration Site

March 2021 Newsletter

Principal's Message

What is the importance of reading books?

"Reading is important because it develops our thoughts, gives us endless knowledge and lessons while keeping our minds active. Books can hold and keep all kinds of information, stories, thoughts and feelings unlike anything else in this world."

What are the benefits of reading?

Research shows that regular reading:

- improves **brain** connectivity.
- increases your vocabulary and comprehension.
- aids in sleep readiness.
- reduces **stress**.
- lowers blood pressure and heart rate.
- fights depression symptoms.
- prevents cognitive decline as you age.

Georgina Heras-Salas, Principal

Important Dates in March

- March 1st – 5th (Read Across America Week)
- March 2nd (Dr. Seuss' Birthday)
- March 5th (Deadline to register for 2021-2022) (Current students and siblings)
- March 8th Registration for New Students
- Mar 8th - 12th (Spring Intersession Tutoring)
- March 14th – (Day Light Savings time)
- Mar 15th - 19th (Spring Break)
- March 17th (St. Patrick's Day)
- March 20th (Spring Begins)



The main purpose of Daylight-Saving Time is to make better use of daylight. We change our clocks during the summer months to move an hour of daylight from the morning to the evening.

