



# The Linguistic Academy of El Paso:

## A Cultural Demonstration Site February 2024 Newsletter

### Principal's Message

**February** is **American Heart Month**, a time when all people can focus on their cardiovascular health. Do you know how to keep your heart healthy? You can take an active role in reducing your risk for heart disease by eating a healthy diet, engaging in physical activity, and managing your cholesterol and blood pressure. This is a great chance to start some heart-healthy habits!

*Claudia Castanon, Principal*

### Important Dates in February

- February- Black History Month
- February 2<sup>nd</sup> - Groundhog Day
- February 3<sup>rd</sup> - Saturday Tutoring
- February 8-9<sup>th</sup> - Science Fair
- February 10<sup>th</sup> - Chinese New Year
- February 14<sup>th</sup> - Friendship Day
- February 16<sup>th</sup> -End of 4<sup>th</sup> 6 weeks
- February 19<sup>th</sup> - Presidents' Day/No school
- February 23<sup>rd</sup> - Early Dismissal & Parent Teacher Conferences, Report Cards issued
- February 24<sup>th</sup> - Mexico's Flag Day



February 8- PK4 @ 12:00, Kinder @ 1:00, 1<sup>st</sup> @ 2:00

February 9- 2<sup>nd</sup> @ 12:00, 3<sup>rd</sup> @ 1:00, 4<sup>th</sup> & 5<sup>th</sup> @ 2:00

### February 10<sup>th</sup> Chinese New Year – Year of the Dragon

