



## Viper Military News



## NATIONAL VETERANS & MILITARY FAMILY MONTH

The month of November is celebrated as Veterans and Military Families Month.

"During National Veterans and Military Families Month, we celebrate the loved ones of our country's men and women in uniform and recognize the sacrifices they have made in support of our Nation's heroes." -Excerpt from the 2020 Presidential Proclamation

This celebration began in 1996 by the Armed Services YMCA and has since been recognized by the United States Government.

Some local and national services that show appreciation during this celebration are the following:

- <u>Armed Services YMCA</u> Every year you are able to download a "Military Family Month" packet that contains Military Family Month Poster, a message from the President and guidelines for the annual art and essay contest.
- <u>Sesame Street for Military Families Free App</u> This application addresses topics such as deployments, homecoming, self-expression and injuries.
- <u>YMCA- DoD Initiative with the Armed Services YMCA</u> Many military families are eligible for a FREE YMCA or Private Fitness membership. Look at the website and see if you qualify.

Here are a few ways to provide support to the military families around El Paso, TX:

- <u>Adopt-a-Soldier for the Holidays</u> This website gives you the ability to search any installation to get more information
  on adopting a soldier for the holidays. Remember what it was like being far away from family during the holidays. If you
  can, set one or two more place settings for those less fortunate.
- Visit a veteran rece3iving care in a VA hospital or nursing home.
- See someone in uniform? Thank them for their service or surprise them with a free coffee, dessert or beverage if they are in line behind you.

These are just some ways we can show our support and appreciation for all those that served in the past and present.

## FT. BLISS MWR HAPPENINGS

Click on the link below to access all the details for this month's events:

https://bliss.armymwr.com/

Nov 01 - Nov 19, 2021, 9:00 am to 3:00 pm (Prepared Thanksgiving Meals To-Go) Enjoy your Thanksgiving day without having to worry about the grocery shopping and planning a menu. Let the Golden Tee do the Thanksgiving cooking for you! Place an order for your prepared Thanksgiving meals to-go from the Golden Tee! Reservations and pre-payment required. For more information or to place an order, please call 915-568-1116.

Nov 01, 2021, 10:00 am - 11:30 am (Scream Free Parenting: Early Childhood)

Open to parents with children ages 0-5 to join an interactive VIRTUAL class that encourages parents to "behave even when your kids are not."

S.T.E.P. (Systematic Training for Effective Parenting) School Age Parenting STEP places emphasis on the parenting building blocks such as understanding yourself and your child, communicating respect & encouragement, encouraging cooperation, problem solving and using consequences to build responsibility.

Eight classes per session, must attend all eight classes to receive a certificate of training.

November I, 5, 8, 10, 15, 17, 22 & 24

Nov 16, 2021, 5:30 pm - 7:30 pm (High Ropes Challenge)

Can you handle the ropes?

Joint Fort Bliss BOSS for a High Ropes Challenge!

Open to ages 18+ who are Single Active-Duty, Guard, Reserve, Geobachelors other branches of service, and Foreign Service Members. Reservation is required. (915) 892-5195. BOSS: Better Opportunities for Single Soldiers

Nov 17, 2021, 10:15 am - II:15 am (Holiday Story Time)

Celebrate the holiday season at Mickelsen Library with 'Holiday Story Times!'
They will be hosting two programs each day. For more information call 915-568-6156. Registration is not required. Mickelsen Community Library

November Calendar of Events	
Date	Event
01 - 30	National Veterans and Military Family Month
01 - 30	Warrior Care Month
01 - 30	National Family Caregivers Month
01 - 05	National Veterans Small Business Week
07	Daylight Savings Time Ends
10	Marine Corps Birthday
II	Veteran's Day
II	Armistice/Remembrance Day
25	Thanksgiving Day

## References

https://militarybenefits.info/national-military-appreciation-month/https://www.armymwr.com/https://militarybenefits.info/military-family-month/